




ST TAMMANY JR HIGH SCHOOL

LUNCH MENU

JANUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ONE ENTRÉE PER LINE which will be the manager's choice.</b>				
<p><b>1</b> WINTER/CHRISTMAS BREAK</p>	<p><b>2</b> WINTER/CHRISTMAS BREAK</p>	<p><b>3</b> Delicious Chicken Tenders Pineapple &amp; Mixed Fruit Steamed Broccoli Cheesy Potato Au Gratin Fresh Baked Roll Yogurt &amp; Cheese Stick</p>	<p><b>4</b> <b>National Spaghetti Day</b> <b>Main Line:</b> Italian Meat Sauce w/ Pasta Oranges &amp; Cran raisins Fresh Crisp Baby Carrots Seasoned Green Beans French Bread Chocolate Chip Cookie <b>Take Out Line:</b> Kick'n Chicken Sandwich Oranges &amp; Cran Raisins Fresh Crisp Lettuce French Fries Baked Beans Chocolate Chip Cookie Yogurt &amp; Cheese Stick</p>	<p><b>5</b> Stuffed Crust Pizza Pepperoni Applesauce &amp; Kiwi Garden Green Salad Seasoned Corn Dipping Marinara Yogurt &amp; Cheese Stick</p>
<p><b>8</b> Delicious Chicken Tenders Pears &amp; Apples Crispy Baby Carrots Garden Green Salad Macaroni &amp; Cheese Fresh Baked Roll Yogurt &amp; Cheese Stick</p>	<p><b>9</b> <b>Main Line:</b> Burrito W/ Fixins Mixed Fruit &amp; Sorbet Refried Beans Cinnamon Bread Stick <b>Take Out Line:</b> Kick'n Chicken Sandwich Mixed Fruit &amp; Sorbet Lettuce &amp; Tomato Refried Beans French Fries Yogurt &amp; Cheese Stick</p>	<p><b>10</b> Pork Roast w/ Gravy Applesauce &amp; Strawberries Sweet Potato Casserole Cauliflower Florets Fluffy White Rice Fresh Baked Roll <b>Take Out Line:</b> Fish Patty Sandwich Applesauce &amp; Strawberries Lettuce Cheese Tartar Sauce French Fries Cake Yogurt &amp; Cheese Stick</p>	<p><b>11</b> <b>National Milk Day</b> <b>Main Line:</b> Comfort Food Shepherd's Pie Tropical Fruit &amp; Honeydew Broccoli Crown Florets Fresh Baked Roll Rice Crispie Treat <b>Take Out Line:</b> Crunchy Mozzarella Sticks Tropical Fruit &amp; Honeydew Garden Green Salad Fresh Baked Breadstick Rice Crispie Treat Dipping Marinara Sauce Yogurt &amp; Cheese Stick</p>	<p><b>12</b> Hamburger Peaches &amp; Banana Crisp Lettuce Sliced Tomatoes French Fries Yogurt &amp; Cheese Stick</p>
<p><b>15</b> MARTIN LUTHER KING HOLIDAY</p>	<p><b>16</b> Delicious Chicken Tenders Mixed Fruit &amp; Oranges Mashed Potatoes W/ Gravy Fresh Broccoli Florets Fresh Baked Roll Yogurt &amp; Cheese Stick</p>	<p><b>17</b> <b>Main Line:</b> Breezy Beefy Mac Watermelon &amp; Peaches Crisp Baby Carrots Seasoned Green Beans Fresh Baked Garlic Breadstick <b>Take Out Line:</b> Hamburger Watermelon &amp; Peaches French Fries Fresh Lettuce Sliced Tomatoes Yogurt &amp; Cheese Stick</p>	<p><b>18</b> <b>Main Line:</b> Diced Ham Applesauce &amp; Banana Garden Green Salad Baked Russet Potato Fresh Baked Roll Fudgy Brownie <b>Take Out Line:</b> Hot Pepperoni Pizza Applesauce &amp; Banana Salad Marinara Brownie Yogurt &amp; Cheese Stick</p>	<p><b>19</b> Kick'n Chicken Sandwich Pears &amp; Kiwi French Fries Green Leaf Lettuce Baked Beans Yogurt &amp; Cheese Stick</p>
<p><b>22</b> Delicious Chicken Tenders Peaches &amp; Apples Garden Green Salad Tasty Green Peas Mac-n-Cheese Fresh Baked Roll Yogurt &amp; Cheese Stick</p>	<p><b>23</b> <b>Main Line:</b> Nachos Supreme Pears &amp; Sorbet Seasoned Corn Fresh Cinnamon Breadstick <b>Take Out Line:</b> Kick'n Chicken Sandwich Pears &amp; Sorbet Lettuce and Tomato French Fries Yogurt &amp; Cheese Stick</p>	<p><b>24</b> <b>Main Line:</b> Kick'n Chicken Gumbo Tropical Fruit &amp; Grapes Fresh Crisp Baby Carrots Southern Potato Salad Fluffy Rice Fresh Baked Breadstick Chewy Oatmeal Cookie <b>Take Out Line:</b> Meatball Sub w/ Marinara Tropical Fruit &amp; Grapes Lettuce French Fries Oatmeal Cookie</p>	<p><b>25</b> <b>Main Line:</b> Finger Lick'n Baked Chicken Applesauce &amp; Cantaloupe Creamy Coleslaw Louisiana Red Beans &amp; Rice Fresh Baked Biscuit Cake <b>Take Out Line:</b> BBQ Pork Sandwich Applesauce &amp; Cantaloupe Crisp Baby Carrots Red Beans French Fries</p>	<p><b>26</b> Hamburger Mixed Fruit &amp; Banana French Fries Crisp Lettuce Sliced Tomatoes Yogurt &amp; Cheese Stick</p>

		Yogurt & Cheese Stick	Cake Yogurt & Cheese Stick	
29	30	31		
Delicious Chicken Tenders Pineapple & Oranges Garden Green Salad Cheesy Potato Au Gratin Fresh Baked Roll Yogurt & Cheese Stick	<b>Main Line:</b> Ravioli W/ Marinara Mixed Fruit & Cran Raisin Seasoned Green Beans French Bread Chocolate Chip Cookie <b>Take Out Line:</b> Kick'n Chicken Sandwich Mixed Fruit & Raisins Fresh Crisp Lettuce Baked Beans French Fries Yogurt & Cheese Stick	<b>Main Line:</b> Cheesy Chicken Fajita Watermelon Zesty Refried Beans Fruit Crisp Crispy Lettuce Salsa OR Diced Tomatoes <b>Take Out Line:</b> Hot Dog Crispy Carrot Sticks Potato Rounds Chili Yogurt & Cheese Stick	<b>LUNCH PRICES:</b> <b>Reduced (PK-12)</b> <b>\$0.40</b> <b>Full Price (PK-6)</b> <b>\$1.30</b> <b>Full Price (7-12)</b> <b>\$1.55</b> <b>Eligible Adults</b> <b>\$3.25</b> <b>Visitors</b> <b>\$4.25</b>	<b>AVAILABLE DAILY:</b> Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk  Assorted Fruits & Veggies  <b>Optional Daily Entrée:</b> Non-Fat Flavored Yogurt w/Mozzarella String Cheese
This institution is an equal opportunity provider. Menus are subject to change.				