



**ST TAMMANY JR HIGH  
LUNCH MENU  
OCTOBER 2020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Turkey Frank or Corn Dog Chili Tots Mixed Fruit & Applesauce Milk Bun	<b>2</b> Hamburger Cheese Lettuce & Tomato Pickle French Fries Baby Carrot Milk Bun
<b>5</b> Chicken Tenders Mashed Potatoes W/Gravy Peaches Green Garden Salad Fresh Baked Roll Milk	<b>6</b> Nacho Supreme or Beef Burrito Lettuce & Tomato Salsa Sour Cream Jalapeno Peppers Black Beans Pears Milk	<b>7</b> Spicy Chicken Patty Cantaloupe Applesauce Lettuce Baby Carrot French Fries Milk	<b>8</b> Pepperoni Pizza Banana Broccoli Florets Corn Dipping Marinara Sauce Milk	<b>9</b> Turkey Sandwich Tots Mixed Fruit Lettuce & Tomato Pickle Milk
<b>12</b> General Tso W/ Rice  Pear & Orange Broccoli Florets Steamed Carrots Breadstick Milk Take Out: Spicy Chicken Patty French Fries Lettuce Pear & Orange Milk	<b>13</b> Chicken Fajita Peaches & Kiwi  Lettuce Salsa Sour Cream Jalapeno Peppers Corn Black Beans	<b>14</b> Lasagna Salad Pineapple Green Beans French Bread Milk	<b>15</b> Fried Chicken Southern Baked  Apples Watermelon Potato Salad Steamed Carrot Red Beans & Rice Roll Milk	<b>16</b> Hamburger Cran-Raisins  French Fries Lettuce & Tomato Cheese Cake Milk
<b>19</b> Chicken Tenders Macaroni & Cheese Pineapple Apple Peas Baby Carrot Roll Milk	<b>20</b> Beef Taco Applesauce Lettuce & Tomato Salsa Black Beans Sour Cream Cinnamon Breadstick Milk	<b>21</b> Turkey Roast Mixed Fruit Grapes Sweet Potato Casserole Cauliflower Rice W/Gravy Roll Milk	<b>22</b> Salisbury Steak Mashed Potato's W/Gravy Pears Green Beans Roll Rice Krispie Treat Milk	<b>23</b> Spicy Chicken Patty Banana Lettuce French Fries Bun Milk

<b>26</b> Gumbo W/Rice Potato Salad Squash & Zucchini Mixed Fruit Breadstick Milk	<b>27</b> General Tso W/Rice Applesauce & Oranges Steamed Broccoli Baby Carrot Breadstick Milk	<b>28</b> Spicy Chicken Sandwich Peaches & Strawberry Cup Lettuce Fries Brownie Bun Milk	<b>29</b> Roasted Chicken Pineapple & Fruit Crisp Cole Slaw Red Beans & Rice Biscuit Milk	<b>30</b> Hamburger Cran-Raisins Lettuce & Tomato Cheese French Fries Bun Milk
			<b>LUNCH PRICES:</b> <b>Reduced (PK-12)</b> <b>\$0.40</b> <b>Full Price (PK-6)</b> <b>\$1.30</b> <b>Full Price (7-12)</b> <b>\$1.55</b> <b>Eligible Adults</b> <b>\$3.25</b> <b>Visitors</b> <b>\$4.75</b>	<b>AVAILABLE DAILY:</b> <b>White, Chocolate and</b> <b>Strawberry Milk</b>
This institution is an equal opportunity provider. Menus are subject to change.				