



**ST TAMMANY JR HIGH
LUNCH MENU
SEPTEMBER 2020**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ONE ENTRÉE PER LINE which will be the manager's choice.				
	8 Both Sides Chicken Tenders Mashed Potatoes W/ Gravy Garden Green Salad Peaches & Mixed Fruit Fresh Baked Roll	9 Both Sides Hamburgers Lettuce & Tomato Baked Beans Apples & Pears Cheese & Pickle Tots Bun	10 Both Sides Hot Dog Chili Oranges & Pineapple Baby Carrot Tots Bun	11 Both Sides Spicy Chicken Patty Lettuce & Tomato Fries Applesauce & Strawberry Cup Bun
14 Main Line: Breaded Legs & Thighs Steamed Carrots Macaroni & Cheese Pears & Oranges Baked Beans Fresh Baked Roll Take Out Line: Spicy Chicken Patty Lettuce & Tomato Pears & Oranges Baked Beans Bun	15 Main Line: Lasagna Garden Green Salad Green Beans Fruit Crisp & Peaches French Bread Take Out Line: BBQ Pork Sandwich Lettuce Fries Fruit Crisp Bun	16 Main Line: Chicken Gumbo W/ Rice Potato Salad Baby Carrot Apple & Pineapple Roll Take Out Line: Hamburger Lettuce & Tomato Pickle & Cheese Apple & Pineapple Bun	17 Main Line: Salisbury Steak Mashed Potatoes W/Gravy Peas Mixed Fruit & Applesauce Roll Take Out Line: Hot Dog Chili Tots Mixed Fruit & Applesauce Bun	18 Both Sides: Chicken Tender Basket Cran-Raisins Fries Roll
21 Main Line: Roasted Chicken Red Beans & Rice Crispy Baby Carrots Garden Fresh Salad Peaches & Apples Fresh Baked Roll Take Out Line: Spicy Chicken Patty Lettuce & Tomato Red Beans Peaches & Apples Bun	22 Main Line: Beef Burrito W/ Fixins Fiesta Black Beans Oranges & Cantaloupe Take Out Line: Nachos Supreme Crisp Lettuce Salsa & Diced Tomatoes Fiesta Black Beans Oranges & Cantaloupe	23 Main Line: Turkey Roast w/ Rice & Gravy Sweet Potato Casserole Cauliflower Florets Pears & Pineapple Fresh School Made Roll Take Out Line: Hamburgers Lettuce & Tomato Pears & Pineapple French Fries Pickles & Cheese Bun	24 Main Line: Southern Fried Catfish OR Creole Baked Catfish Potato Salad Creamy Cole Slaw Fresh Baked Roll Banana & Applesauce Take Out Line: Sloppy joe Crisp Lettuce Sliced Tomatoes Banana & Applesauce French Fries Bun	25 Both Sides: Pepperoni OR Cheese Pizza Cran-Raisins Dipping Marinara Sauce Corn
28 Main Line: General Tso Chicken W/Rice Broccoli Florets Steamed Carrots Pineapple & Peaches Fresh Baked Roll Take Out Line: Spicy Chicken Patty Lettuce & Tomato Fries Pineapple & Peaches Bun	29 Main Line: Meat Sauce W/ Pasta Green Beans Strawberry Cups & Oranges French Bread Take Out Line: Grilled Cheese Tots Squash & Zucchini Strawberry Cups & Oranges	30 Main Line: Chicken Fajita W/ Fixins Salsa Black Beans Apples & Mixed fruit Cinnamon Breadstick Take Out Line: BBQ Pork Sandwich Lettuce Fries Cole Slaw & Baked Beans Apples & Mixed fruit	21 LUNCH PRICES: Reduced (PK-12) \$0.40 Full Price (PK-6) \$1.30 Full Price (7-12) \$1.55 Eligible Adults \$3.25 Visitors \$4.75	AVAILABLE DAILY: Low-Fat White Milk Fat-Free Chocolate Milk Fat-Free Strawberry Milk Assorted Fruits & Veggies
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